



**Special
Wellness Gift Bag
for the
first 25 guests**

Healthy Reconnecting of SpiritMindBody™
is the motto and aim of the **Amadi Wellness Connection.**

**Dr. MaMa Akosua Ali-Sabree
and Monzella "Mama Dee" Allen**
and guest presenters

invite you to their **Annual Fall Open House**
Saturday, October 24, 2015 from 4:00 to 8:30 PM
1135 West Cheltenham Avenue, Elkins Park 19027

Our open house is an opportunity to be exposed to and/or
rediscover some healthy life-affirmation techniques.

**Come experience soothing vibrations, relaxing
massage, music, energy and spiritual readings, and
deep breathing and delicious food.**

For more information call 267-217-3074